



# Service Project

June 30 – July 4



## YOUTH WELCOME PACKET 2019

**Sponsored by WWU Catholic Newman Center**

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**Letter from Chelsea to those considering attending AGAPE...**

**Dear discerning student and/or parents:**

The AGAPE Service project is a week-long mission trip that takes place in Bellingham, Washington, run by a group of college students from the Newman Catholic Campus Ministry at Western Washington University. Students have the opportunity to serve the migrant families of Whatcom County as they collect food for the families, learn about those they are serving, visit the families at the migrant camps and run a food bank giving out the food they have collected all week!

I have had the opportunity to go twice as a participant for the Agape young adult week while in college, and this will be the fifth time for me going as a chaperone. Every time I go on AGAPE, I love the opportunity to get to know more of the families we are serving and to serve with others. What I have found I love the most however, is getting to know Christ in a more intimate way as I see Him in our work, the people we are serving, and those I am serving alongside. Having grown up in a good home, living comfortably, I always leave AGAPE feeling so very grateful for how God has blessed me. I come back on fire for my faith, and hungry to do more to serve others.

I ask you to prayerfully discern if God is calling you to come to AGAPE with us this summer, to serve Christ, each other, and our brothers and sisters in Whatcom County. Know that I will be praying for you too!

Looking forward to a wonderful mission trip!

Many blessings,

**Chelsea J. Madura Smith**  
*Interim Senior High Youth Minister*  
*Mary, Queen of Peace Parish*

“And what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?” Micah 6:8

Welcome to Agape 2019! We are truly excited for you to be joining us in our mission: fostering environments where participants can serve the migrant community of Whatcom County and grow in their Catholic faith. Our hope is that through service youth will understand Christ’s presence in every person they meet, and through this recognition, positively impact the migrant farm worker community. We are excited and blessed partner with you this fifteenth year of Agape. We hope you find this packet helpful as you prepare for the summer. Please be in contact with your group leaders *first* if you have any questions. Thank you!

In Christ’s Love,

Melina Sergent  
Agape Service Project, Director

[www.unewman.com/Agape](http://www.unewman.com/Agape)  
[agapeserviceproject.blogspot.com](http://agapeserviceproject.blogspot.com)  
[facebook.com/AgapeServiceProject](https://facebook.com/AgapeServiceProject)

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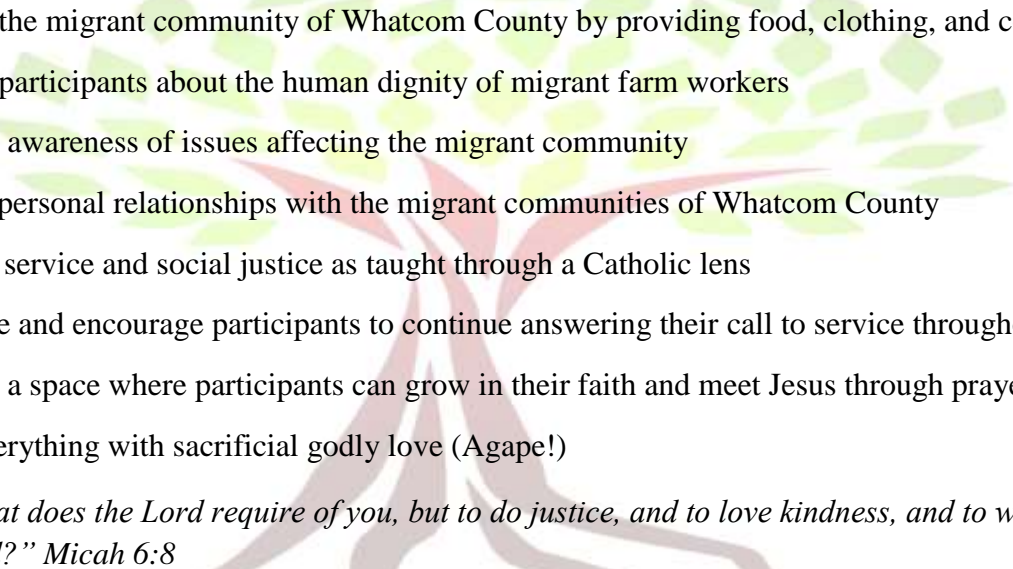
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**MISSION:**

The Agape Service Projects fosters environments where participants can serve the migrant community of Whatcom County and grow in their Catholic faith.

**VISION:**

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- ◆ To serve the migrant community of Whatcom County by providing food, clothing, and community support
  - ◆ To teach participants about the human dignity of migrant farm workers
  - ◆ To create awareness of issues affecting the migrant community
  - ◆ To build personal relationships with the migrant communities of Whatcom County
  - ◆ To foster service and social justice as taught through a Catholic lens
  - ◆ To inspire and encourage participants to continue answering their call to service throughout their lives
  - ◆ To create a space where participants can grow in their faith and meet Jesus through prayer and service
  - ◆ To do everything with sacrificial godly love (Agape!)
  - ◆ *“And what does the Lord require of you, but to do justice, and to love kindness, and to walk humbly with your God?” Micah 6:8*

## Overall Agape Information

**Arrival Time:** Please have your group arrive by 6:00pm and ready to start (*please make sure they have eaten dinner beforehand*). When you arrive you will unpack your gear and donations. There will be a snack provided Sunday night.

**Packing:** Please pack lightly. Everyone will be living in community for a week and sharing a room with others.

**Clothing:** Be modest in your attire. *Tank tops have a two-finger width rule, shorts must be no shorter than your fingertips, no exposed midriffs, and no saggy pants.* Please remember we are representing our parishes and the Catholic Church wherever we go to the people we encounter.

**Money:** There will be an opportunity to buy an Agape Sweatshirt (for \$30), but other than that you do not need any money this week. All of your meals and snacks are provided.

**Free time:** There are designated free times during the service week. When there is free time, youth must remain with the group. Youth may **not** leave the facility to go beyond the parish premises unless they are in the company of a chaperone. We ask that you check in with the Program Directors and your adult leaders before leaving to make sure there is time to do so.

**Cell Phones/Music:** No cell phones, personal CD players, mp3, or iPods. There will be opportunities for music throughout the week. Please be aware that music shared must be appropriate for a Church retreat/service experience.

**Chores:** Small Groups will be assigned chores each day, such as meal preparation, kitchen duty, straightening the parish hall, bathrooms, etc. Each small group with their adult leader will be responsible for the various tasks.

**Food:** In keeping with the spirit of Agape, the meals and lodging are simple. This is to help our group recognize that food is not our only source of life; our energy comes from Jesus too. It is also in solidarity, to help bring us closer to those we are serving.

All food for meals is provided. Each group will share in the responsibility of cooking and serving meals in community. The kitchen is not to be used by youth outside of meal times, unless there are special dietary reasons. Please do not bring any snacks.

*Please notify us in advance of any special dietary needs, some may require the participant with special dietary needs to supplement their daily meals with food from home.*

**Lodging:** Groups will stay at Sacred Heart Parish in Bellingham. Participants will stay in the Parish Hall & Religious Education Classrooms. Groups will sleep in separate rooms according to gender, and will be sleeping on the floor. Participants are encouraged to bring a sleeping mat. Showers will take place on two days at a local swimming pool and YMCA.

**Medications:** All medications, whether prescription or over the counter, will need to be bagged and labeled with the participant's name and instructions for dispensing. We suggest giving your medication to your adult leader for dispensing at the appropriate times.

**Departure:** Plan to depart by 11am on Friday of your service week.

## Agape Expectations for the Week

*These are some basic expectations that we ask everyone to follow and keep in mind during our week of service. We will have a great week if we all strive and apply these while we are living in community and serving out at the camps!*

- **Be Respectful:** to everyone in your group, adult leaders, Agape staff, Sacred Heart staff & facility, the farm workers and camps.
- **Think about Others and Live in Community:** we are working, living, and eating in community this week. Clean up after yourselves and do your chores. Challenge yourself to think about the needs of others before yourself. Get to know new people! Groups can hang out in the parish hall. There are designated sleeping rooms and bathrooms by gender so please do not go into each other's spaces. Display affection appropriately for a Catholic service project.
- **Keep Quiet Hours Quiet:** Keep the noise level to a minimum during office hours (8am-5pm) and quiet hours (10pm-7am).
- **Be Mindful of the Dress Code:** Be modest in your attire. Tank tops have a two-finger width rule, shorts must be no shorter than your fingertips, no exposed midriffs, and no saggy pants. Please remember we are representing our parishes and the Catholic Church wherever we go to the people we encounter.
- **Use the Buddy System:** When we are on service outings you will need to stay in groups of three and have adult supervision.
- **Be Positive☺:** Have a positive attitude towards all activities, reflections, and experiences
- **Serve the Lord and Have Fun!:** Do everything with sacrificial godly love (Agape!).

### Please do not bring:

- **Snacks—all food is shared and eaten as a community**
- **Cell phones or personal communication devices, iPods, mp3 players, etc. We are trying to serve Christ in each other, not in our electronics**
- **Illegal drugs, alcohol, fireworks, or weapons of any kind**

## Agape Packing List

- Sleeping bag
- Sleeping pad or air mattress (this is optional, but strongly recommended for comfort. Please twin size mattresses only)
- Pillow
- Towel/washcloth
- Jeans or other pants (2 pairs)
- T-shirts (tank tops must be *at least two-finger width wide*)
- Shorts (must be *at least fingertip length*)
- Tennis shoes
- Underwear and socks
- Sweatshirt/Jacket
- Pajamas
- Ear plugs for sleeping (suggested)
- Hat or visor
- Sunscreen
- Toiletries (soap, shampoo, brush, deodorant, toothbrush, etc)
- Swimsuit
- Small bag (to carry shower/swim gear)
- Work Gloves (Optional)
- Water bottle (A MUST!)
- ***ID Card if 16+ for the showers***
- Good Attitude and a Servant's Heart

Please remember to be modest in your attire. Tank tops have a two-finger width rule, shorts must be no shorter than your fingertips, no exposed midriffs, and no saggy pants. Please remember we are representing our parishes and the Catholic Church wherever we go to the people we encounter.)

Please do not bring electronic devices (cell phones, iPods, etc.).  
No weapons, fireworks, or illegal substances

### PLEASE PACK LIGHTLY!

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### Directions to Sacred Heart Parish

1110 14<sup>th</sup> Street, Bellingham WA 98225

- I-5 North
- Take exit #250 for WA-11 S/Old Fairhaven Parkway
- Take a Left off the exit onto Old Fairhaven Parkway and go approximately 1.3 miles
- Take a Right onto 14<sup>th</sup> Street
- Sacred Heart Parish Hall will be on your Left (it is on the corner of 14<sup>th</sup> and Knox)
- *\*\*You can unload your personal stuff in front of the hall and then park your car in the parking lot.*
- *\*\*Donations will be unloaded underneath the Church.*

# Parent/Legal Guardian Permission Slip

## PARTICIPANT INFORMATION

Full name: \_\_\_\_\_ Grade/School: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ M/F  
 Parent/Guardian name(s) (please print): \_\_\_\_\_  
 Home phone #: \_\_\_\_\_ Parent's Cell phone #: \_\_\_\_\_  
 Street Address: \_\_\_\_\_  
 City/State/ZIP: \_\_\_\_\_

## PARENTAL AUTHORIZATION

I, (Parent/Guardian) \_\_\_\_\_, grant permission for my child, (Child's Name) \_\_\_\_\_ to participate in this organization-sponsored event that requires transportation to a location away from the organization site. This activity will take place under the guidance and direction of organization employees and/or volunteers from \_\_\_\_\_ (Name of Parish/School).

## DESCRIPTION OF ACTIVITY

Type of event: The Agape Service Project  
 Location of event: Sacred Heart Church, Bellingham WA and various sites in Whatcom County  
 Parish/Group Leader(s) in charge: Mary, Queen of Peace: Chelsea Smith  
 Date(s) of event: June 30 – July 4, 2019 Time of departure: After 11:30 Mass  
 Date of return: July 4, 2019 Time of return: Early afternoon  
 Mode of transportation to and from event: Chaperones driving youth  
 Cost: \$250, checks written to Mary, Queen of Peace (scholarships are available upon request)

Effective July 1, 2007, children less than 8 years old must be restrained in child restraint systems, unless the child is 4 feet 9 inches or taller. A child who is 8 years old or older, or 4 feet 9 inches or taller, must be properly restrained either with the motor vehicle's safety belt or an appropriately fitting child restraint system. Children under 13 years old must be transported in rear seats where it is practical to do so.

**As parent and/or legal guardian, I remain legally responsible for any personal actions taken by the above named minor participant.**

I hereby consent to participation by \_\_\_\_\_, my son/daughter/individual under my guardianship, in the event described above. I consent further to the conditions stated above, including the method of transportation. I agree on behalf of myself, my child named herein, or our heirs, successors and assigns, to hold harmless and defend (Organization), Agape Service Project, its officers, directors and agents, and the Corporation of the Catholic Archbishop of Seattle, chaperones, or representatives associated with the event, from any and all actions, claims, demands, damages, costs, expenses and all consequential damage arising from or in connection with my child attending the event or in connection with any illness or injury or cost of medical treatment in connection therewith, and I agree to compensate the organization, its officers, directors and agents, and the Corporation of the Catholic Archbishop of Seattle, chaperones, or representatives associated with the event for reasonable attorney's fees and expenses arising therewith. Finally, my child and I have read and understand fully the attached Code of Behavior for Youth Participants in Events and Activities sponsored by the Catholic Archdiocese of Seattle.

Participant's Name: \_\_\_\_\_

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Medical Matters:**

I hereby warrant that to the best of my knowledge, my child is in good health, and I assume all responsibility for the health of my child.

**Emergency Medical Treatment:**

In the event of an emergency, I hereby give permission to transport my child to a hospital for emergency medical or surgical treatment. I wish to be advised prior to any further treatment by the hospital or doctor. In the event of an emergency, if you are unable to reach me at the above numbers, contact:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Health Plan Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Specific Medical Information:** (The organization will take reasonable care to see that the following information will be held in confidence):

Allergic reactions (medications, foods, plants, insects, etc.): \_\_\_\_\_

Immunizations— date of last tetanus/diphtheria immunization: \_\_\_\_\_

Does child have a medically prescribed diet? \_\_\_\_\_

Any physical limitations? \_\_\_\_\_

Is child subject to chronic homesickness, emotional reactions to new situations, sleepwalking, bedwetting, fainting?

\_\_\_\_\_

Has child recently been exposed to contagious disease or conditions, such as mumps, measles, chickenpox, etc.? \_\_\_\_\_

If so, date and disease or condition: \_\_\_\_\_

You should be aware of these special medical conditions of my child:

**Photograph and Video Consent:**

From time to time, pictures and video may be taken of youth ministry events and gatherings. We would like to be able to use these photographs and videos for flyers, parish and diocesan publications, the ministry website, and social media. Written consent of both the student and parent/guardian is required. Names will not be posted unless written authorization is given by the student and parent/guardian, and then only first names will be used. If there are concerns about pictures or videos posted on the website, please contact the ministry coordinator or Agape supervisor, and they will promptly be removed.

I, the parent/guardian of this youth \_\_\_\_\_ (name) authorize and give full consent, without limitation or reservation, to The Agape Service Project & WWU Catholic Newman Center to publish any photograph or video in which the above named student appears while participating in any program associated with (parish/school) The Agape Service Project & WWU Catholic Newman Center. There will be no compensation for use of any photograph or video at the time of publication or in the future.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Authorization for Administration of Oral Medication

Student's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Name of Medication	Dosage	Methods of Administration	Time of Day to be Taken

Reasons for medication to be given during program/retreat hours \_\_\_\_\_

Anticipated action \_\_\_\_\_

Possible side effect of medication \_\_\_\_\_

Emergency procedure in case of serious side effect \_\_\_\_\_

I certify that I am the parent, legal guardian, or other person in legal control of the above identified student and request and authorize a designated parish staff person to administer the above identified medication to the above identified student in accordance with the prescription or doctor's instructions for the period beginning \_\_\_\_\_ (date) through \_\_\_\_\_ (date).

**Medication will be supplied to the parish staff person in the original container(s), bagged and labeled with the participant's name.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

## Code of Behavior and Norms for Youth Participants

### Events Sponsored by the Archdiocese of Seattle

In order to assure the safe and successful participation of youth and adults at gatherings sponsored by the Archdiocese of Seattle, the following code of behavior is to be followed. You are expected to represent your parish, school, and the Archdiocese during all gatherings. You are encouraged to display the mature, responsible character which has for so many years been the trademark of Catholic Youth Ministry within the Archdiocese.

#### **SOME NORMS FOR PARTICIPATION:**

1. Individuals are responsible for their own actions, and will be asked to assume the consequences for their inappropriate behavior.
2. The purchase and/or use of tobacco or cannabis products by minors is not tolerated.
3. The purchase, possession, or consumption of beer, wine, or other alcoholic beverages is not tolerated. Infraction of this means the immediate dismissal from the event.
4. The possession or use of illegal drugs by any individual is not tolerated. Infraction of this means the immediate dismissal from the event, and further action will be taken.
5. For the protection and safety of all participants, acts of violence or harassment are not tolerated. Such acts include fighting, physical or verbal assault/abuse, ethnic insults, and profane or obscene language, gestures, or actions.
6. Possession of any weapon (includes pocket knives) is strictly prohibited. Anyone who brings a weapon to an event will be asked to surrender it to leaders and further action will be taken.
7. Disruptive behavior, language, clothing, or items are not acceptable at events. This includes any which is obscene, profane, or inappropriate to the activities of the Archdiocese.
8. Appropriate clothing is expected.
9. Any form of gambling is strictly prohibited.
10. Participants are expected to take direction from their adult leaders.
11. In the event that behavior requires extreme action, it is to result in dismissal from the event. Parents will be contacted and participants will be sent home.

The Archdiocese of Seattle does not insure personal property against theft or loss; please exercise caution regarding your personal items.

You are expected to observe the guidelines above in light of Washington State statutes and definitions. The Archdiocese of Seattle respectfully asks for your cooperation and hopes that you will have no trouble adhering to this code of behavior. Keep in mind that you represent the Church at all times during the event and are asked to demonstrate an image of Christian consideration, sensitivity, and respect to others and to the property around you.

**I HAVE READ AND UNDERSTAND THE CODE OF BEHAVIOR ABOVE AND WILL ADHERE TO THE REQUIREMENTS DICTATED BY THIS CODE.**

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 Participant's signature

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 Date

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 Parent/Guardian's signature

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 Date

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 Group Leader's signature

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 Date