# EXCEL Retreat

May 3-5, 2019, Camp Don Bosco

Meet at Mary Queen of Peace, Sammamish: Drop off 6pm May 3rd Arrival back at Mary Queen of Peace: Pick up approximately 2pm May 5th

Please return along with \$115 Registration Fee by March 30th!!! Spots are limited!

Scholarships are available. Contact Chelsea for more information! Email: anchor@mqp.org

Name:		Grade:	_
Email:		T-shirt Size:	_
Home #:	Cell #:		
Address:	City:	Zip:	_
Parent Name(s) and Cell #s: _			_
Parent Email Address:			_
Emergency Contact and Tele	# (if parents can't be reached):		
	Parental Health/Permission For		
transportation away from the parish site. To volunteers from St. Louise Parish and the responsible for any personal actions taken herein, or our heirs, successors, and assign agents, and the Archdiocese of Seattle, its agree to compensate the parish, its officer connection with my child attending the extreatment in connection therewith, and I a Seattle, its employees and agents, chaper expenses which may incur in any action bronnegligence of the parish/diocese.	Eastside Deanery on May 3-5, 2019. by the above named minor ("participens to hold harmless and defend St. Lemployees and agents, chaperones of st., directors and agents and the Archevent or in association with any illner gree to compensate the parish, its off cones or representatives associated visions."	As parent and/or legal guardination. As parent and/or legal guardination. I agree on behalf of myseouise Parish, its officers, director representatives associated williocese of Seattle from any clain less or injury (including death) ficers, directors and agents, and with this event for reasonable as	employees and/or an, I remain legally elf, my child named ors, employees and th this event, and in arising from or in or cost of medica the Archdiocese of attorney's fees and
Signature of Parent (and youth if 18 or olde	r)	Date:	

# PARENT/LEGAL GUARDIAN PERMISSION SLIP

PARTICIPANT INFORMATION	
Full name:	
Age: Grade/School:	Home & Cell phone #:
Street Address:	
City/State/ZIP:	
Parent/Guardian email (please print):	
PARENTAL AUTHORIZATION	
Dear Parent or Legal Guardian:	
	is eligible to participate in an activity that requires transportation awa
from the parish site.	" ( ''     ("( NOD
This activity will take place under the guidance and di	rection of parish/school staff from MQP and Holy Family Parish
DESCRIPTION OF ACTIVITY	Name of parish/school
DESCRIPTION OF ACTIVITY	
Event: EXCEL Retreat	
Location: Camp Don Bosco, Carnation WA Person in charge: Chelsea Smith	
Date of event: May 2, 2010	Time of departure: 6:00pm at MOD
Date of event: May 3, 2019 Date of return: May 5, 2019	Time of departure: 6:00pm at MQP Time of arrival: 2:00pm at MQP
Mode of transportation to/from event: School bus	
wide of transportation to/from event	<del></del>
the designated staff and/or volunteers on the stated dates. I risks and hazards incidental to such participation and do he of the Catholic Archbishop of Seattle, staff, volunteers, an activity. I also give consent for emergency medical treatme As parent/legal guardian, I remain fully responsible for any named participant. Finally, my child and I have read and ur and Activities sponsored by the Catholic Archdiocese of Seattle.	by from the parish grounds and that my child will be under the supervision of understand that such an undertaking involves an element of risk. I assume a preby release, absolve, indemnify, and agree to hold harmless the Corporation of drivers from any and all liability that may arise out of participation in this if necessary. I do request that, if possible, I be contacted prior to treatmen legal responsibility which may result from any personal actions taken by the derstand fully the attached Code of Behavior for Youth Participants in Event attle. Finally, I give permission for my child to be photographed, and for MQ experience with the greater parish community, as well as promoting futures method of transportation.
Parent's/Guardian's Signature:	·
Telephone #: Day:	
Alternate Emergency Contact:	
Telephone #: Day:	
Allergies or Medical Concerns:	
Medical Insurance Company:	Policy #:
Doctor's name:	

### Youth Guidelines at Events Sponsored by the Archdiocese of Seattle

In order to assure the safe and successful participation of youth and adults at gatherings sponsored by the Archdiocese of Seattle, the following code of behavior is to be followed. You are expected to represent your parish, school, and the Archdiocese during all gatherings. You are encouraged to display the mature, responsible character which has for so many years been the trademark of Catholic Youth Ministry within the Archdiocese.

#### SOME NORMS FOR PARTICIPATION:

- 1. Attire and Behavior must be appropriate for this Archdiocesan event. Please refrain from wearing provocative, revealing clothing and sexually explicit actions. Clothing is to be modest, ie. jeans or long shorts, shirts/t-shirts and tennis shoes. \*\*\*Tank top straps must be 2 finger widths and shorts must be as long as your arms at your side. \*\*\*\* Please No cutoffs or short-shorts, spaghettis straps, halter tops, strapless, low-cut or exposed mid-driff, sport bras, or t-shirts with inappropriate logos or violent language. Please remember we are representing our parishes and the Catholic Church wherever we go and to the people we encounter. If you think you shouldn't bring/wear it, you probably shouldn't.
- 2. Individuals are responsible for their own actions, and will be asked to assume the consequences for their inappropriate behavior.
- 3. Parish leaders should screen youth participants for their own protection as well as others. This screening must be used to identify areas of concern or special attention (i.e., health concerns, disabilities/impairments requiring extra accommodations, history of violence, etc.)
- 4. The purchase and/or use of tobacco products by minors is not tolerated.
- 5. The purchase, possession, or consumption of beer, wine, or other alcoholic beverages is not tolerated. Infraction of this means the immediate dismissal from the event.
- 6. The possession or use of illegal drugs by any individual is not tolerated. Infraction of this means the immediate dismissal from the event, and further action will be taken.
- 7. For the protection and safety of all participants, acts of violence or harassment are not tolerated. Such acts include fighting, physical or verbal assault/abuse, ethnic insults, and profane or obscene language, gestures, or actions.
- 8. Possession of any weapon is strictly prohibited. Anyone who brings a weapon to an event will be asked to surrender it to leaders and further action will be taken.
- 9. Any form of gambling is strictly prohibited.
- 10. Participants are expected to take direction from their parish adult leaders.
- 11. In the event that behavior requires extreme action, it is to result in dismissal from the event. Parents will be contacted and participants will be sent home.

The Archdiocese of Seattle does not insure personal property against theft or loss; please exercise caution regarding your personal items. You are expected to observe the guidelines above in light of Washington State statues and definitions.

The Archdiocese of Seattle respectfully asks for your cooperation and hope that you will have no trouble adhering to this code of behavior. Keep in mind that you represent the Church at all times during the event and are asked to demonstrate an image of Christian consideration, sensitivity, and respect to others and to the property around you.

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#### I HAVE READ AND UNDERSTAND THE ABOVE GUIDELINES AND WILL ADHERE TO THEM.

Participant's signature	 Date
Parent/Guardian Signature	Date
Group Leader's signature	Date

### **Authorization for Administration of Oral Medication**

Student's Name		Birth Date		
Name of Medication	Dosage	Methods of Administration	•	
Reasons for medication	to be given durir		rs	_
Anticipated action				
Possible side effect of n	nedication			
Emergency procedure in	n case of serious	side effect		
student and request an	d authorize a des e identified studer	ignated parish staff per nt in accordance with tl	legal control of the aborson to administer the algoine prescription or doctorson date	bove identified
Modication will be su	unnlied to the m			w(s) bagged
and labeled with the			the original containe	i(s), bayyeu
Cia	mature (Davent		Date	_
	<u>ınature (Parent</u>			
Home Phone			none	
Cell Pone		Other		

Teen will not be allowed to have their cell phones at EXCEL. Parents, feel free to contact Chelsea anytime during the weekend: (206) 518-1660