



# ANCHOR SENIOR HIGH YOUTH MINISTRY

Aspiring to **Navigate** by **Christ** our  
**Hope** and **Our Redeemer**

## Frequently Asked Questions

### **WHAT IS ANCHOR PROGRAM?**

ANCHOR is Mary, Queen of Peace's High School Youth Ministry program. ANCHOR is a place where teens can come and just be TEENS; gathering in community, growing in faith, and just having fun! ANCHOR meets most Sunday nights during the Academic year October through May. Other ANCHOR events are also offered such as: retreats, service project, and mission trips.

### **WHAT DOES A TYPICAL ANCHOR HARBOR NIGHT LOOK LIKE?**

ANCHOR's Sunday Night Youth Nights (Harbor Nights) occur after the 5PM Sunday night Youth Mass, and go until about 8PM. We meet in the Social Hall for dinner, and then head downstairs to the San Pedro room. We usually begin with a large group game or activity, then go into a teaching for the night presented by one of the adult leaders (Core Team), and then split into small group to dissect the teaching. After a small group discussion, we gather back for a closing prayer experience before ending the night.

### **HOW DO SMALL GROUPS WORK?**

Teens are broken up into grade and gender based small groups, led by one or two Core Team leaders.

### **HOW LARGE IS THE ANCHOR PROGRAM?**

On an average youth night there are between 50 and 70 teens in attendance for our ANCHOR youth program.

### **ARE PARENTS REQUIRED TO VOLUNTEER?**

Yes. Parents are always needed as volunteers to help grow this vibrant, faith-filled community! Your example of faith-filled leadership is essential in carrying out the ANCHOR mission of making Disciples. There are many opportunities to volunteer with our program and we ask that parents volunteer once a month

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with our Meal Ministry. Please visit our ANCHOR website or email Chelsea to sign up. We also need ANCHOR parents to volunteer during our ANCHOR Harbor Nights to simply be present or to volunteer as a Core Team leader. Core Team leaders facilitate small groups with a partner, helping create dialogue amongst our teens. All training is provided. For more information about volunteering in any of these ways, please email: [anchor@mqp.org](mailto:anchor@mqp.org).

### **WHAT IS MY ROLE AS A PARENT OF A HIGH SCHOOL TEEN?**

Our Church calls parents to be the number one catechists for their children; the number one source of passing on the faith. We aim to help to foster on-going learning within the family, empowering them to live out their vocational call. For more resources on how to share the faith in your home, please contact Chelsea: [anchor@mqp.org](mailto:anchor@mqp.org).

### **WHAT IS THE PURPOSE OF ANCHOR?**

In partnership with the mission statement of Mary, Queen of Peace, the ANCHOR Core team seeks to provide a space for teens to grow in faith and fellowship, cultivating a desire for conversion and holiness; developing disciples who are anchored in Christ, serving others, and sharing the gospel in their church and greater communities.

Have more questions? Please feel free to contact our Youth Minister, Chelsea Madura:

#### **Chelsea Madura**

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